**Junior Cadet Training Programme**

Week 1 Who Are We?

RAF Briefing

Week 2 Spit ‘n Polish

Marching Feet 1

Week 3 Marching Feet 2

Flying High

Week 4 Loud and Clear

Orienteering

Week 5 Initial Expedition Training

Camo Chaos

Week 6 ATC Olympics

Revision 1

Week 7 Revision 2

Assessment

Week 8 Enrolment